WEEKLY KSM PROGRAMS

HALTON REGION KIDS 'N ME
THURSDAYS 9:30 - 11:00 AM

HALTON PARENTING SUPPORT
THURSDAYS 11:30 - 1:00 PM

ESL
PRE-BEGINNERS: 5:00-6:00 PM **(TUESDAYS)**
MONDAYS AND WEDNESDAYS
BEGINNERS: 4:00 -5:30 PM
INTERMEDIATE: 6:15-7:45 PM

KICKBOXING
THURSDAYS 7:00 -8:00 PM

BREATHING AND MOVEMENT
FRIDAYS 11.10AM

WELCOME HOME WEDNESDAY
9:30 - 11:00 AM YOUTH ROOM

TUESDAY MORNINGS
9:30 - 11:00 AM IN THE GYM

NOVEMBER 28 10:00 - 12:00 PM
KIDS AND DADS IN THE GYM

NURSE PRACTITIONER
ON SITE THURSDAYS 5:00-8:00 PM

YOUNG AT HEART (55+)
TUESDAYS & FRIDAYS 9:30 - 11:00 AM

HALTON SERVICES VISITS

KSM Family Services welcomes the following Halton region resources this month and will be available for your questions and needs.

ODSP: Mondays + Wednesdays: 1 - 2:30 pm
SUPPORT HOUSE : Tuesdays: 11:30 - 2:00 pm
SERVICE CANADA : Mon October 5: 1 - 2:30 pm
GOODWILL EMPLOYMENT: Tuesdays: 1-2:30 pm

KERRSTREET market Change

Starting November 2nd, Monday and Thursday afternoon market times will be by appointment only.Volunteers and Staff will be present in the market to assist in bookings.

Changes to Community Delivery

October 30th, application form due
November 11th, Current program ends
November 18th First delivery, non Choose Fresh clients .
November 25th, First delivery, for Choose Fresh clients.

If you have any questions, please speak to a staff member, or email kosiso@kerrstreet.com

KERR STREET Kids' Clubs

KERR STREET YOUTH CONNECTED

Registration for fall programs is now open!

Please email Maddie@kerrstreet.com for Kids Club and Kyle@kerrstreet.com for all youth and LIT questions and registration.

GIVE THANKS THIS MONTH

KSM Cares

Scan the QR code and spread care and show your gratitude for someone this month.

KSM News

NOVEMBER 2026

CHRISTMAS WONDERS SEASON!

MAX 40 PEOPLE! COME EARLY!

Christmas Wonders Registration

To qualify for the Christmas Wonders program you must be a **REGISTERED** and **UPDATED FULL MEMBER of KSM.**

*** Please bring your membership card to the Gym to register and pyjama sizes for children Grades 8 and younger****

- **Mondays**
  November 2, 9, 16, 9:00-11:00 am
- **Wednesday**
  November 18, 6:00-7:30 pm
- **Thursdays**
  November 5, 12, 19, 1:00-2:00 pm
- **Saturdays**
  November 7, 14, 21, 9:00-10:45 am

November 2026

Kerr Street Mission
Oakville's Mission of Hope

- Food Bank
- Community Meals
- Breathing & Movement
- Kickboxing *Open to all*
- Halton Programs
- English as Second Language Classes
- Young at Heart *Seniors 55+*

choose FRESH

NOV 2 - NOV 7: PROTEIN WEEK
NOV 9 - NOV 14: PRODUCE WEEK
NOV 16 - NOV 21: PROTEIN WEEK
NOV 23 -NOV 28: PRODUCE WEEK

KERRSTREET market — FOOD BANK HOURS

OPEN MARKET TIMES

M	1:00 - 2:15 pm	5:45- 6:30 pm *Meal attendees only
T	1:00 - 2:15 pm 6:00 - 7:15 pm	
W	1:00 - 2:15 pm	5:45- 6:30 pm *Meal attendees only
TH	6:00-7:15 pm	9:45 - 11:30 am *Program families only
F	1:00 - 2:15 pm	
S	10:00 - 11:15 am	

KSM MARKET

Choose one time to shop per week and bring your card each time please.

KSM café — FREE COMMUNITY MEALS

*Please Note: Meals are limited to the first 50 people who arrive.

Mondays 5:45 - 7:45pm
For KSM registered families with children 18 years & under. Registration required.

Tuesdays 11:45 - 12:15pm Open to all.

Wednesday 5:45 - 7:45pm
KSM Families only. Registration required.

Fridays 11:45 - 12:15pm Open to all.

Saturdays 8:45 - 9:45am
Registration required.

SUNDAY (CLOSED)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Kerr Village Church Service **In-Person @10am**	2 ESL	3 Mother Matters ESL KSM market EXPRESS	4 ESL KSM market EXPRESS	5 KSM market EXPRESS	6	7
8 Kerr Village Church Service **In-Person @10am**	9 ESL	10 Mother Matters ESL KSM market EXPRESS	11 Remembrance Day ESL KSM market EXPRESS	12 KSM market EXPRESS	13	14
15 Kerr Village Church Service **In-Person @10am**	16 ESL	17 Mother Matters ESL KSM market EXPRESS	18 ESL KSM market EXPRESS	19 KSM market EXPRESS	20	21
22 Kerr Village Church Service **In-Person @10am**	23 ESL	24 Mother Matters ESL KSM market EXPRESS	25 LAST DAY FOR choose FRESH MONTHLY SIGN UP ESL KSM market EXPRESS	26 KSM market EXPRESS	27	28 FATHER MATTERS
29 Kerr Village Church Service **In-Person @10am**	30 ESL	1 Mother Matters ESL KSM market EXPRESS	2 ESL KSM market EXPRESS	3 KSM market EXPRESS	4	5