



WEEKLY KSM PROGRAMS

Family Services & External Partnerships

**HALTON REGION KIDS 'N ME
PROGRAM RETURNS SEPTEMBER**



**HALTON PARENTING SUPPORT
THURSDAYS 1:15 – 2:30 PM**



**CLASSES ARE CLOSED FOR SUMMER
RETURNS SEPTEMBER**



**MEETINGS ARE PAUSED
FOR THE SUMMER.**



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**NURSE PRACTITIONER
ON SITE THURSDAYS 5:00–8:00 PM**



**YOUNG AT HEART (55+)
TUESDAYS & FRIDAYS
9:30 – 11:00 AM**

HALTON SERVICES VISITS

KSM Family Services welcomes the following Halton region resources this month and be will available for your questions and needs.

ODSP: Mondays + Wednesdays : 1 – 2:30 pm

SUPPORT HOUSE : Tuesdays: 11:30 – 2:00 pm

SERVICE CANADA : Tues July 28: 1 – 2:30 pm

GOODWILL EMPLOYMENT: Tuesdays 1–2.30 pm

ANNUAL MEMBER UPDATES

Update drop-ins are taking place during market times. Please make sure you have done your annual update by September to qualify for Christmas Wonders.



You will need to have your card with you for every market visit and program in 2026.

PLEASE REMEMBER: Bring your re-usable bags with you to shop the Market and please return them if you are signed up for Market Express.



Are you 55 or older?

Join us at Young at Heart for social events, information sessions and field trips.

We look forward to welcoming you every Tuesday and Friday morning 9:30 – 11am

SUMMER ANNOUNCEMENTS:

Market line up:

Weekday line-ups will happen on the Kerr Street side of the building during the summer months.

Please note: only the front entrance will be available for use during camp hours.



SUMMER CAMP IS HERE!

Summer Camp 2026 kicks off on July 6th and we're excited to welcome campers back for another year of summer fun.

PLEASE NOTE*

The last day for Kids Club and Youth Connected programming is Friday June 26th. Please see the KSM Kids & Youth Calendar insert for more information.

SUMMER SAFETY*

Please remember the parking lot will be closed during the week to keep our kids safe during summer camp hours.

Thank you for your understanding and your co-operation during the summer months.



SPREAD CARE THIS MONTH AT KSM



Scan the QR code and spread care and show your thanks this summer.



JULY 2026



MARKET FOOD BANK
CHOOSE ONE TIME
TO SHOP PER WEEK



KSM CAFÉ
ENTER BEFORE 12:15
FREE COMMUNITY MEALS



YOUNG AT HEART:
9:30 - 11:00 AM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Kerr Village Church Service In-Person @10am		 	1 KSM CLOSED CANADA DAY		 	
5  Kerr Village Church Service In-Person @10am		 			 	
12  Kerr Village Church Service In-Person @10am		 			 	
19  Kerr Village Church Service In-Person @10am		 			 	
26  Kerr Village Church Service In-Person @10am		 			 	

MARKET HOURS

* Please bring your market card.

OPEN MARKET TIMES*

Mon 1:00–2:15 pm

Tue 1:00–2:15 pm
6:00–7:15 pm

Wed 1:00–2:15 pm

Thur 6:00–7:15 pm

Fri 1:00–2:15 pm

Sat 10:00–11:15 am

5:45– 6:30 pm

* For Meal attendees only

5:45 – 6.30 pm

* For Meal attendees only

10:00 – 11:30 am

* For program families only

CHOOSE FRESH

JUN 29 – JULY 3: **PROTEIN WEEK**

JULY 6 – JULY 11 : **PRODUCE WEEK**

JULY 13 – JULY 17 :**PROTEIN WEEK**

JULY 20 – JULY 25 : **PRODUCE WEEK**

JULY 27 – AUG 1: **PROTEIN WEEK**

KSM CAFÉ (COMMUNITY MEALS)

Monday 5:45 – 7:45 pm
For KSM registered families with children 18 years & under. Registration required.

Tuesday 11:45 – 12:15 pm
Open meal time.

Wednesday 5:45 – 7:45 pm
KSM Families only. Registration required.

Friday 11:45 – 12:15 pm
Open meal time.

Saturday 8:45 – 9:45 am
NEW: Registration required.

*Meals are limited to the first 45 people who arrive.