



# WEEKLY KSM PROGRAMS

Family Services & External Partnerships



**HALTON REGION KIDS 'N ME**  
THURSDAYS: 9:30 AM-11:00 AM  
**HALTON PARENTING SUPPORT**  
THURSDAYS 1:15 – 2:30 PM



PRE-BEGINNERS: 5-6PM (TUESDAYS)  
**MONDAYS AND WEDNESDAYS**  
BEGINNERS: 4-5:30 PM  
INTERMEDIATE: 6:15-7:45 PM



**TUESDAY MORNINGS**  
9:30 – 11:00 AM IN THE GYM



**MAY 16TH 10 – 12 PM**  
KIDS AND DADS IN THE GYM



**NURSE PRACTITIONER**  
ON SITE THURSDAYS 5:00-8:00 PM



**YOUNG AT HEART (55+)**  
TUESDAYS & FRIDAYS  
9:30 – 11:00 AM

## HALTON SERVICES VISITS

KSM Family Services welcomes the following Halton region resources to visit the market this month and be will available for your questions and needs.

- ODSP:** Mondays + Fridays : 1 – 2.30 pm
- SUPPORT HOUSE :** Fridays: 11:30 – 2:00 pm
- SERVICE CANADA :** Tues May 13: 1 – 2:30 pm

## HAVE YOU TRIED MARKET EXPRESS YET?



Want to skip the Market wait times?  
Sign up for Market Express.

## PLEASE BRING YOUR CARDS



You will need to have your card with you for every market visit and program in 2026.

There will be a charge for lost cards, please keep yours safe and see the front desk to collect or replace your card.

## SUMMER CAMP AT KSM

Registration for Summer Camp 2026 is now open online.

Choose your weeks and register at [kerrstreet.com](http://kerrstreet.com)

**PLEASE NOTE\***  
KSM clients are able to sign up for 3 weeks of KSM camp and 3 weeks of Sports camp.



# news

## MAY 2026

## NEW CLIENT UPDATE PROCESS

Annual profile reviews and client updates begin this month for all KSM members and market shoppers.

**PLEASE NOTE:**  
You may do your update regardless of the month printed on your card.

All updates need to be done by September to qualify for Christmas Wonders.

Updates will now take place on a drop-in basis during Market hours throughout the months of May – August

If you are unable to make Market times, there will be appointments made available to book through an update link. **Please see the front desk for the booking link if required.**

Thank you for your cooperation.





# MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Kerr Village Church Service In-Person @10am	27	28	29	30	1	2
 Kerr Village Church Service In-Person @10am	4	5	6	7	8	9
 Kerr Village Church Service In-Person @10am	11	12	13	14	15	16 Father Matters 10-12pm
 Kerr Village Church Service In-Person @10am	18 KSM CLOSED VICTORIA DAY	19	20	21	22	23
 Kerr Village Church Service In-Person @10am	25 LAST DAY FOR <i>choose FRESH</i> sign up	26	27	28	29	30

## MARKET HOURS

\* Please bring your market card.

OPEN MARKET TIMES\*

Mon 1:00–2:15 pm

5:45– 6:30 pm

\* For Meal attendees only

Tue 1:00–2:15 pm  
6:00–7:15 pm

Wed 1:00–2:15 pm

5:45 – 6.30 pm

\* For Meal attendees only

Thur 6:00–7:15 pm

10:00 – 11:30 am

\* For program families only

Fri 1:00–2:15 pm

Sat 10:00–11:15 am

## CHOOSE FRESH

APR 27 – MAY 2 : **PRODUCE WEEK**

MAY 4 – MAY 9 : **PROTEIN WEEK**

MAY 11 – MAY 16: **PRODUCE WEEK**

MAY 18 – MAY 23: **PROTEIN WEEK**

MAY 25 – MAY 30: **PRODUCE WEEK**

## KSM CAFÉ (COMMUNITY MEALS)

Monday 5:45 – 7:45 pm  
For KSM registered families with children 18 years & under. Registration required.

Tuesday 11:45 – 12:15 pm  
Open meal time.

Wednesday 5:45 – 7:45 pm  
KSM Families only. Registration required.

Friday 11:45 – 12:15 pm  
Open meal time.

Saturday 8:45 – 9:45 am

NEW: Registration required.

\*Meals are limited to the first 45 people who arrive.