HALTON SERVICES VISITS

KSM Family Services welcomes the following Halton region resources to visit the market this month and be available for your questions and needs

SERVICE CANADA

July 15 - Tuesday afternoon market

MENTAL HEALTH AND WELLNESS

July 3rd - Thursday evening market

July 7th - Monday afternoon market

July 10th - Thursday evening market

July 15th - Tuesday evening market

CENTRE FOR SKILLS

July 11th - Friday afternoon market

July 25th - Friday afternoon market

SUPPORT HOUSE - HEALTH NEEDS:

Thursdays starting July 10th, 5 - 8 p.m.

ODSP:

July 2 - Wednesday

July 11 - Friday

July 15 - Tuesday

July 25 - Friday

July 30 - Wednesday

GOODWILL:

July 7th - 1pm

July 15th -6pm

July 22nd - 1.30pm

July 31st - 6pm

DID YOU KNOW?

THE KSM CAFE = FREE COMMUNITY MEALS

Please see the meal times on the calendar page and join us each week in the dining hall. No registration required but doors close at 12.15 and seats are limited so please arrive on time.

SUMMER HOURS

Please Note:

KSM will be closing early at 6pm on Fridays throughout July and August. There will be no youth as programming switches to summer camp scheduling.



SUMMER CAMP IS HERE!

DAYTIME MARKETS
DURING THE WEEK WILL
NOW LINE UP ON THE
KERR STREET SIDE OF
THE BUILDING.

PARKING LOT CLOSED

To ensure the safe drop off and pick up of our KSM kids campers, the parking lot will be closed daily during the summer. Thank you for your cooperation and understanding.

ANNUAL MEMBER UPDATES

Annual profile reviews and updates are now open for booking for all KSM members and market shoppers.

If your last name begins with N, O, P, Q, R, S and T please see the front desk to book an update appointment,









NEIGHBOUR CARE NETWORK

The Neighbour Care Network (NCN) provides care and support through trained volunteers who come alongside you and your family during times of difficulty or transition.

These volunteers act as encouraging guides or mentors, helping you navigate challenges with compassion and understanding. They work with you to identify available resources, provide direction and support, and help you take meaningful steps toward achieving your goals. Their aim is to help you move toward a more stable, sustainable situation and improve your overall health and well-being.

If you or someone you know needs support, visit kerrstreet.com to apply for resources and email Paula at paula@kerrstreet.com for more information on how NCN can support.













KICKBOXING 7:00 - 8:00 PM

MARKET HOURS * Please bring your market card.

| | OPEN MARKET TIMES* | PROGRAM SPECIFIC MARKET TIMES |
|-----------|----------------------------------|--|
| Monday | 1:00 - 2:30 pm | 5:30 - 6:30 pm KSM family meal attendees only |
| Tuesday | 1:00 - 2:30 pm 6:00 - 7:30 pm | |
| Wednesday | 1:00 - 2:30 pm | |
| Thursday | 6:00 - 7:30 pm | 9:45 - 11:45 am Prenatal & Kids'n Me programs only |
| Friday | 1:00 - 2:30 pm | |
| Saturday | 10:00 - 11:30 am | |
| Sunday | CLOSED | |

CHOOSE FRESH THIS MONTH

JUNE 30 - JULY 4: PROTEIN WEEK

JULY 7 - JULY 11 : PRODUCE WEEK

JULY 14 - JULY 18: PROTEIN WEEK

JULY 21 - JULY 25: PRODUCE WEEK

JULY 28 - AUGUST 2: PROTEIN WEEK

KSM CAFÉ (MEALS)

| Monday | 5:45 - 7:45 pm For KSM registered families with children 18 years & und Registration required - see front desk. |
|-----------|---|
| Tuesday | 11:45 am - 12:15 pm Open meal time |
| Wednesday | 5:45 - 7:45 pm Adults ONLY. No registration required. |
| Friday | 11:45 am - 12:15 pm Open meal time |
| Saturday | 8:45 - 9:45 am |

No registration required.

*Meals are limited to the first 42 people who arrive.

IIIIY 2025











| JULI | 2025 | TO GET A SEAT | DONING SUMMEN | BACK IN SEPT | Shor in moorali no | BACK IN SEPTEMBER |
|---------------------------------|------------|---------------------------------|---------------|--------------|-----------------------------------|-------------------|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| Kerr Village Church Service | 30 | 1 KSM CLOSED (Canada Day) | 2 | 3 | 4 | 5 |
| In-Person @10am or Online* | 6 9 | (Canada Day) | 6 4 | 62 | ∮ ♥ | 6 3 |
| Kerr Village Church Service | 7 | 8 | 9 | 10 | 11 | 12 |
| In-Person @10am or Online* | 6 8 | 6 9 | 6 4 | 62 | 6 9 | |
| 13 Kerr Village Church Service | 14 | 15 | 16 | 17 | 18 | 19 |
| In-Person @10am or Online* | 5 | 6 9 | 6 5 7 | 62 | | 6 |
| Kerr Village Church Service | 21 | 22 | 23 | 24 | LAST DAY FOR Choose FRESH sign up | 26 |
| In-Person @10am or Online* | | 6 * | 6 4 | 62 | 6 4 9 | 6 % |
| 27 Kerr Village Church Service | 28 | 29 | 30 | 1 | 2 | 3 |
| In-Person @10am or Online* | | | 6 9 7 | 62 | 5 9 | 6 5 |